



Training on Your Schedule

Complete the online Training course IS-317: Introduction to CERTs and Attend CERT Skills Day February 23, 2013

CERT Training is usually a 20-24 hour course held 2 Saturdays or for 7 evenings. To make it more accessible for people to become CERT trained we are holding a "hands on" training day for the skills that you need to become CERT trained.

CERT Skills Training Day with a Disaster Simulation

Who: Anyone 21 and over who wants to become CERT trained for their family and Community

When: February 23, 2013

Time: 7 am-5:00 pm (*Bring your own lunch and water*)

Where: Grantsville High School

Cost: \$15.00 (for CERT Protective Equipment and supplies for training)

What you need to do:

- Email: grantsvillecert@gmail.com that you are interested in being CERT trained through this Special Course.
- Complete the Introduction to CERT course IS 317 on the internet before February 23, 2013. **This is imperative.** Be sure to print your certificate when you have completed the training. www.citizencorps.gov/cert/is317/ (*It covers most of the concepts and information that is covered during regular trainings.*)
- Print the question sheet from www.stansburyparkcert.org. (side tab Special Training Day attachments at the bottom)
- Watch two video presentations on the National CERT website www.citizencorps.gov/cert/videos/ CERT in Action (19:13) and CERT Training: Disaster Psychology (43:14) answer the questions on the sheet printed earlier.
- Pay for the course materials at registration on course day. *You may pay by either cash or check. (Please make checks payable to: Grantsville City)*
- **Bring your certificate from the online course, question sheet and the registration form to the Skills Day.**
- Provide your Social Security Number when registering on course day, in order that a background check may be completed; this will be done at no cost to you.
- Wear comfortable clothing that can get dirty and sturdy shoes to the Skills Day. (No shorts, sandals, flip flops, or hanging jewelry)
- Participate in the full day of hands on CERT activities and skills including participation in the disaster simulation February 23. (*It will be a very full day.*)

After the online training and the Skills day you will be CERT trained

Training Websites:

www.citizencorps.gov/cert/is317/ Introduction to CERT course IS 317

www.citizencorps.gov/cert/videos/ First two videos – CERT in Action (19:13) and CERT Training: Disaster Psychology (43:14)

www.stansburyparkcert.org. Question sheet

CERT Skills Day Registration and check in 7:00 a.m. Instructions and Introduction 7:30 Sessions begin 7:45

Sessions: "Hands On" skills training

- Fire Suppression
- Medical Operations 1
- CERT Org and Disaster Psychology
- Review and Disaster Simulation – We will work through the simulation at least 2 times.
- Hot Wash and Clean up – Everyone will be asked to help clean up.
- Medical Operations 2
- Search & Rescue

Attendees of CERT Skills Day Need :

- CERT application/paperwork, certificates
- Notepad and Pencil/Pen
- Lunch, snacks, and water
- Headlamp
- Sturdy Clothes
- Sturdy Shoes